



Sistahs' Ca Nect, Inc.

MARCH, 2013

VOLUME 2 ISSUE 1

Sistahs' Ca Nect, Inc.

STRAWBERRIES

RAINBOW

PEACEFUL

RESPECT

LOVE

TRUST

SUCCESSFUL

PERFECT

FRENCH FRIES

BETRAYED

UNTAMABLE

HAPPINESS

FAITHFUL

AMBITIOUS

TENACIOUS

LOVELY

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International Polo Club Palm Beach

*"No matter how hard the past, you can always begin again."
~ Buddha ~*



Mr. Walsh
President of Club Operations

WESTVIEW "WILDCATS" SIGNING "I LOVE YOU"



LOVELY LADIES OF NORLAND!



How About a Little "Bling" for the Summer?



THE GIRLS EMBELISHING THEIR BEACH SANDALS

*"FAILURE is the opportunity to begin again
more intelligently."
~ Henry Ford ~*

"Defeat is never final, you can always begin again.
The seeds for a bright future are often sown in the hearts of the fallen."
~ www.feelmylove.org ~

**A VALENTINE'S GIFT
FOR
MOM**

**~Bowling Night~
Winning Bowler was Yva!**



"You're never too old to begin again,
to learn something each day and to create yourself a happy ending."
~ Unknown ~



Happy Birthday Queen, Tyler-Ann, & Latavia!



Happy Birthday Stephanie & Melia!

Giving Back and Coming Back

I'm a Sistahs' Ca Nect alumni and currently a freshman at the University of West Florida. I'm looking towards studying social work with a minor in psychology, thanks to this organization. Being a part of Sistahs' Ca Nect has made an impact on my life and future career by empowering me as well as other individuals to be all they can be and supporting them along their journey. As I look amongst the group, I see a wad of happiness being spread about. I have connected with my sisters from last year and am proud to see how much they have grown. Being that I have no little sister, I find it adorable that the girls look up to me as a big sister from whom they seek guidance. Though this year's group has had more fieldtrip opportunities than last year's, I hope they will take full advantage of each opportunity afforded to them.

Tisha Robinson
Lifelong Member



Bienvenido

- BOLIVIA
- BURRITO
- CENTRALAMERICA
- CHILE
- CHIMICHANGA
- COLOMBIA
- COSTA
- CUBA
- CULTURE
- CUSTOM
- DOMINICAN
- ECUADOR
- ENCHILADA
- FAMILY
- FESTIVAL
- FLAN
- GUACAMOLE
- GUATEMALA
- HISPANIC
- HONDURAS
- LATIN
- MEXICO
- NACHO
- NICARAGUA
- PANAMA
- PARAGUAY
- PERU
- PLANTAIN
- PUERTORICO
- QUINCEANERA

- REPUBLIC
- RICA
- SALSA
- SALVADOR
- SOCCER
- SPAIN
- SPANISH
- TACO
- TAMALES
- TORTILLA
- TRADITION
- URUGUAY
- VENEZUELA

Hispanic Word Search

Y U J S J G E B R A O N F U U M O P Q N B X K Y A H V B X C U N N A R
M T L R G H T L T O C P M R N E F L V K I U I A S U J R W J A Y R M A
F T K L T X S R I M Z I K E X X Y A O Z L X R P I B G N X C R E B N I
O C A T Q X A F Z H S S R P Q I B N K A A I A R P T Y A I I N P A U C
G S A R U D N O H Z C K Q E E C M T H P U N G F I L G N R A A R J C O
H T T H I X O Y Q W W U W R M O A A Y Q I Y N X Q T I Y E A C C M V S
U S O T I K A O X U V G C P O A W I G S J P A V I M O C L U C G I I T
R S I G I U D S E F X H Y Y R B L N H K E G H B O Q N I O Q K I R R A
T O Y L G Z A V Z N T Z D A O X U A I I B E C D U I C U S T O M N D B
N D D U L B G Z X M C W X Z F J Q A R I S L I V U A L A M E T A U G S
C W R A U B S X D Q I H Q R A K U I D T D Y M Q X Y L Z Z E O I D Q Z
A U K C U B D L A Y N K I T C M T V L W N Q I Y C N E A V R B W J E I
P Q I G C T X Y W Z C X L P H B I L B Z E H C K F L E Z G I K O I Y I
R O Q G A P E Y Y K N R H Z A G O L S R K T C P B O N X Q P E K S Y V
V O Q S Y J A J P R P Y O Z F D Q O D K N B U U Y T F K G P P K U P C
T P D B J U H A S P Q T E P N S A B S X W V T F G V N A Z W M C M Q L
Y J B A G A O N W L H O H S Y P K Y W E W O B E M O N A M A N A P I R
E K W A V T A T K G M F S G W M D V D U R A Z S O F E S T I V A L U W
R X R H D L C G O U N O M S Q P U E R T O R I C O C M U J M L B H L L
N A S Z X I A J B A C N Q S O M O Z I E U K G D Z Y N Y B O T Y M Z L
P E X T B U B S O C D I G V P E Q L V A U L Y K U O P U B O T O D N
R E P U B L I C E A I T T C O A L A S I K Z M K O S D C T R O W G L J
S A H P X D B R Y M D A T P Q A I M A G J D N M V V N M Z H C Q M Z D
T B D P A M C X N O X L O T P C W N P A Y A X Y D D B I C R S A Q G N
A Z S M S F X J W L M L J Q F A E P N X H B X W N L O A O U X V I E V
L H V Z J D F O Y E Z C J A R B F N H Z I R M X K C O N V H T A M O I Z
E L I K C L G K L N J U D X A R G N R S Q K L M E I I F E Z A L L U O
U X E S A U D J E R A N Q U Q H W W D L M C A D Q R J N K V I Q T S H
Z O I N P I N O K C K V X Q U T I N F H B H U X M Z H V D A P B D U G J
E N R X O A S E L A M A T P S E I E T Z D L B J P A P P W W M H V C H
N U M D L U N I M I Q H X E Z U E G L V D T P Z P W N F K H O U Y S X
E M H L Y D Z P I S A L S A N X Z Y U N C T U A D P R H H F T L O B K V
V L K Y D H X I C D Q A C W O B T D T W F R D M O U P V O V O Q M T D
H I E F C S Q I G D R U T X P L A A Y X L N E J Z G B C X L X C L M B H
S S P E C R P A H F U Z V P F J Y R R C V Y I V T J X V R S Q R G A X

Message from the Founder.....

Welcome back and congratulations to those who decided to be a part of Sistahs' Ca Nect, Inc. Although we got off to a late start this year, we have tried to make each meeting, project and event as productive and enjoyable as possible. I would like to take this opportunity to thank GOD for wisdom, direction and favor; our girls for their interest and time; our partners, sponsors, patrons and supporters for their generosity and commitment.

We couldn't do what we do without the collaborative effort of everyone who takes an interest and desires to see our girls be the best they can be. We may not always know all those who support us but GOD knows who you are and from the bottom of our hearts we say.....

Gratefully,
Mrs. Sandra A. Hawkins



Fun Hispanic Family Tradition By Yulissa Rosario



"We have a tradition on New Year's Eve at Midnight where we make a Sopon. Basically a Sopon is a big pot of soup for everyone to eat. The soup contains noodles and chicken. We also talk and enjoy with family and friends. The purpose of this meal is that it's our first meal of the year, to celebrate that we are well enough to share the first meal together."

"I would do more than belong – I will participate. I will do more than care – I will help. I will do more than believe – I will practice. I will do more than be fair – I will be kind. I will do more than forgive – I will forget. I will do more than dream – I will work. I will do more than teach – I will inspire. I will do more than learn – I will enrich. I will do more than give – I will serve. I will do more than live – I will grow. I will do more than suffer – I will triumph"

~ William Arthur Ward ~

Coming Soon.....

"Guide to Surviving a Break-up"



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